



# **JOURNAL CLUB**

## **Meaning and Mental Health: What's the Connection? with Rabbi Reuven Bulka**

**December 5, 2013**

**6:00 – 8:00 PM**

**Associates in Psychiatry Auditorium**

**The Royal**

**1145 Carling Avenue**

**Ottawa, Ontario**

**Rabbi Dr. Reuven P. Bulka**, spiritual leader of Congregation Machzikei Hadas in Ottawa since 1967. In addition to being an accomplished author of more than 30 books and countless articles in the fields of religion, health, and psychology, he is also host of Sunday Night with Rabbi Bulka on CFRA and regular contributor to "Ask the Religion Experts" in the Ottawa Citizen. A dedicated grass-roots volunteer, he is renowned for his tireless commitment to the Ottawa community through service on charitable and civic boards and regular participation in charity events. He received his Semikhah (Rabbinic ordination) from the Rabbi Jacob Joseph Rabbinical Seminary, New York, in 1965 and his Ph.D. (concentrating on the Logotherapy of Viktor Frankl) from the University of Ottawa in 1971. He received an honorary Doctor of Laws from Carleton University in 2006 for his community and humanitarian service, and was awarded the "Key to the City" in February, 2010. (Excerpt from <http://www.machzikeihadas.com/bulka.htm>). He is a member of the Order of Canada.

### Journal Club Learning Objectives:

1. Increase attendees knowledge and understanding of Victor Frankl's Logotherapy.
2. Provide attendees with information on the spiritual & mental health aspects of Logotherapy.
3. Promote and support the development of an understanding of how Logotherapy can be applied in an inter-professional model.
4. Offer opportunities for attendees to network & to become familiar with spiritual and mental health resources.

**Everyone is welcome.**

**[Please Click Here to RSVP](#)**