



Centre de santé mentale
Royal Ottawa
Mental Health Centre

*Spiritual Care Program and the Association for
Spirituality and Mental Health Present:*

Forgiveness and Letting Go Of Anger & Hurt *with* Dr. Leslie Greenberg, Director, Psychotherapy Research Clinic, York University

Friday March 12, 2010

*Associates-in-Psychiatry
Auditorium, Royal Ottawa
Mental Health Centre*

1145 Carling Ave., Ottawa

Registration: 8:00-9:00 AM

Conference: 9:00 AM to 4:00
PM

OBJECTIVES:

This workshop will present an Emotion-focused approach to resolving emotional injuries in therapy. Types of injuries and methods of working with "unfinished business" that enable therapists to effectively access and restructure highly emotional memories and promote forgiveness and /or letting of anger and hurt will be presented.

TARGET AUDIENCE:

Psychologists, Social Workers, Nurses, Psychiatrists, Spiritual & Religious Care Providers, Students and other mental health professionals involved in counseling



University of Ottawa
Institute of Mental
Health Research
Institut de recherche
en santé mentale
de l'Université d'Ottawa

Lunch Provided: Join
*us for a special research
lecture by Dr. Greenberg
sponsored by the
Institute of Mental Health
Research.*

REGISTRATION FEE—\$50 Tax included

**Secure Registration Online—Click Here or
visit www.rohcg.on.ca/education/index-e.cfm**

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